
Plainsmen Jr. Cheerleading League

www.JPCheerleading.com

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Updates

This e-mail is to confirm that I have received your registration and to pass along updated information.

As we will be practicing outside please e-mail me if your child has any allergies or asthma.

Uniform Fitting

July 28-July 31 (**Cancelled due to circumstances beyond my control.**)

We will start fittings the first week of practice.

If you are on vacation the first week of practice please e-mail me with the following information on your daughter.

Shirt Size (please make sure you let me know if they are adult size or youth size)

Waist

Hips

Chest

Shoe size for socks

Fall Practice Schedule (Practices are held on the Shen Campus)

Please note: We will be practicing on a field near High School East. The easiest way is to park in the back of St. Edwards church and come through the woods you will see the baseball field to your left and we will practice in the area to the right.

Since we are outside for the month of August we will have to keep our eye on the weather. In case of bad weather I will utilize the website to update everyone about practice.

Month of August

Starting 8/4/08 (First day of practice for all cheerleaders)

Monday through Thursday 6-8pm

Do's and Don'ts:

- Please remember to bring water
- Remember to eat something light before practice
- No gum
- No jewelry (earrings, bracelets, or necklaces)
- If you have long hair try to put it in a ponytail
- No flip flops or sandals - **sneakers only**
- Shorts and light weight shirts as it will get pretty warm

- Have mom and dad spray you with bug repellent

Month of September and October

Location: Will be in a gym but I am still waiting to be told which one.

Monday and Wednesday 6-8pm Senior Division (Grades 6-8th)

Tuesday and Thursday 6-8pm Junior Division (Grades 4-5th)

Games are held at the Shen Campus

Saturday's Night games are held at High School East on the Varsity Football Field.

Sunday games are held at High School West.

Please note that this schedule may change.

Once teams are set we will have a game schedule posted.

I look forward to seeing you all very soon!

Sincerely,

Alexandra Wise-Brogna

Alexandra Wise-Brogna

President